MPOG Data Informs "Protective" Ventilation Strategies

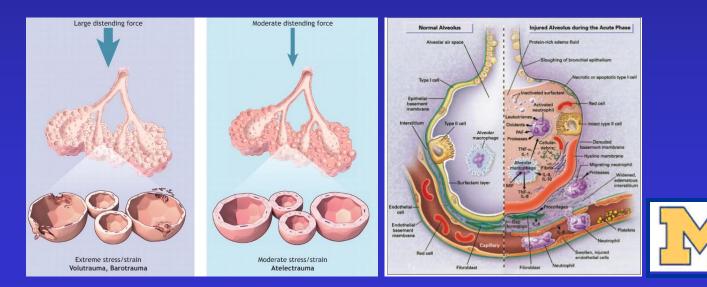
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Background

- Mechanical Ventilation can lead to clinically \bullet significant lung injury
 - Volutrauma \rightarrow low tidal volume (V_T) \bullet
 - Barotrauma
- \rightarrow low driving pressures (ΔP) \rightarrow low peak inspiratory pressure (PIP)
- **Atelectrauma** \rightarrow positive end expiratory pressure (PEEP) \bullet
- ightarrow
- **Oxygen toxicity** \rightarrow Minimize FiO₂



OR Ventilation Strategies -- Limitations

- Extrapolated from ICU literature (non-representative population)
 - Prolonged ventilation
 - Pre-existing lung disease
 - Different pathology
- Does not resolve contribution of individual components (dichotomized to "protective" or "non-protective")
- Unique stresses based upon surgical procedure
 - Laparoscopic insufflation
 - Cardiopulmonary bypass
 - Single lung isolation
- Intraoperative complications exceedingly low → limits ability to adequately power studies
- Incomplete adoption (up to 14% of patients do NOT receive protective ventilation)



Data YOU generate helps overcome these Limitations

• <u>MPOG</u>: Informs optimal protective ventilation strategy through research

- **ASPIRE:** Promotes adoption of best practices informed by research
- **MISSION:** *improve the care of patients undergoing anesthesia by reducing unexplained variation in practice and collaborating with anesthesia providers across Michigan, the U.S., and globally*



Limitation: Unique stresses based upon surgical procedure

Associatic With Post Complicat Nicholas J. Douville Management of 1-Lung Ventilation—Variation and Trends in Clinical Practice: A Report From the Multicenter Perioperative Outcomes Group

Douglas A. Colquhoun, MB ChB, MSc, MPH,* Bhiken I. Naik, MBBCh,† Marcel E. Durieux, MD, PhD,‡ Amy M. Shanks, PhD,* Sachin Kheterpal, MD, MBA,* S. Patrick Bender, MD, MPH,§ and Randal S. Blank, MD, PhD,‡ on behalf of the MPOG Investigators||

> Michael R. Mathis, M.D., Neal M. Duggal, M.D., Donald S. Likosky, Ph.D., Jonathan W. Haft, M.D., Nicholas J. Douville, M.D., Ph.D., Michelle T. Vaughn, M.P.H., Michael D. Maile, M.D., M.S., Randal S. Blank, M.D., Ph.D., Douglas A. Colquhoun, M.B., Ch.B., M.Sc., M.P.H., Raymond J. Strobel, M.D., M.S., Allison M. Janda, M.D., Min Zhang, Ph.D., Sachin Kheterpal, M.D., M.B.A., Milo C. Engoren, M.D.

ANESTHESIOLOGY 2019; XXX:00–00



Limitation: Does Not Resolve Individual Contributions

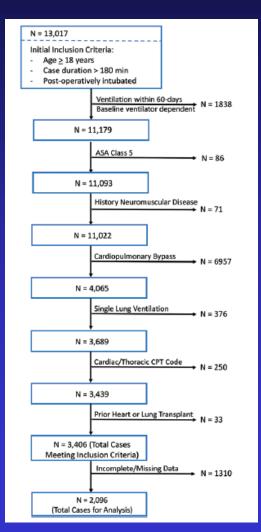
- Earlier studies dichotomized ventilation
 - <u>lung-protective ventilation</u>
 - non protective ventilation
- MPOG collects a more rich set of intraoperative parameters.
 - V_T
 - V_T (predicted body weight)
 - ΔP
 - PIP
 - PEEP
 - FiO₂
 - SpO₂

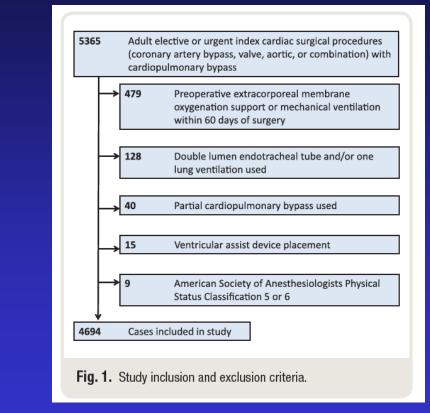
- Permitting broader array of descriptive statistics

• Time thresholds, extremes (5%, 25%, 75%, 95%)



Limitation: Intraoperative complications exceedingly low therefore unable to adequately power studies

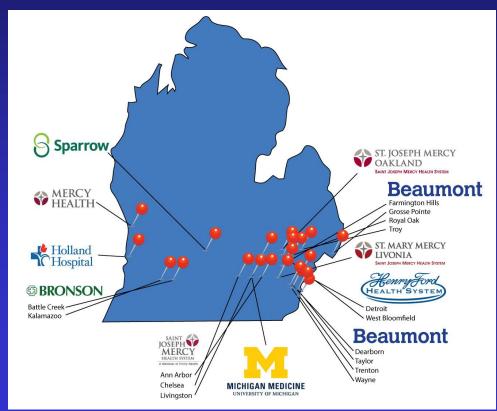




RESULTS

Data from 5609 patients across the 4 institutions were included in the analysis. The 2 data periods (overall versus initial) were compared. The median period of 1LV was 117 minutes (interLimitation: Poor Compliance Nationally with Practice Recommendations

Solution: Education and Quality Improvement





<u>Results</u>: Non-cardiac/Non-Thoracic Surgical Population

- Primary Outcome: minimum postoperative PaO₂/FiO₂
 - Using multivariable linear regression, we found that:
 - Each additional hour with driving pressure >16 cm H_2O
 - -Higher PEEP
 - –Each additional hour with intraoperative SpO₂ <90%</p>
 - were all independently associated with lower minimum postoperative PaO₂/FiO₂



<u>Results</u>: Non-cardiac/Non-Thoracic Surgical Population

- Secondary Outcomes: 30-Day Mortality

- –each 100 mmHg increase in minimum postoperative PaO₂/FiO₂ was independently associated with a halving of the odds of death
- Age, reduced cardiac ejection fraction on preoperative echocardiography, comorbidities, and intraoperative transfusion of packed red blood cells were also independently associated with mortality
- No ventilation parameter was independently associated with mortality.



<u>Results</u>: Non-cardiac/Non-Thoracic Surgical Population

- Secondary Outcomes: Composite Postoperative Pulmonary Complications
 - each 100 mm Hg higher minimum PaO₂/FiO₂ was associated with a lower likelihood of developing pulmonary complications
 - Time (hours) with V_T >500 mL, prior history of cardiac arrhythmia, intraoperative NO use, low cardiac ejection fraction on preoperative echocardiography, and earlier year of surgery were associated with a higher likelihood of developing a class 1 pulmonary complication



<u>Conclusions</u>

- Lower postoperative Pao₂/Fio₂ was associated with increased postoperative pulmonary complications and mortality after noncardiac surgery.
- Time with $V_T > 500$ mL and higher median FiO₂ were also associated with postoperative pulmonary complications, and their effects may be assessed using postoperative PaO_2/FiO_2 .
- Among intraoperative parameters, median PEEP, median FiO₂, time with driving pressure >16 cm H₂O, and time with SpO₂ <90% were associated with decreased postoperative PaO₂/FiO₂.
- The use of the intermediate outcome, PaO₂/FiO₂, offers a promising target for future prospective studies





ASPIRE

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Measure Abbreviation: PUL 02

Measure Description: Percentage of cases with median tidal volumes equal to or less than 8 ml/kg.

NQS Domain: Patient Safety

Measure Type: Process

Measure Summary: PUL 02 measures will measure the median tidal volume this measure will exclude time before when patients are not under positive 6).

Inclusions:

Patients undergoing endotracheal inti



Measure Abbreviation: PUL 03

Description: Percentage of cases in which Positive End Expiratory Pressure (PEEP) is used for patients undergoing mechanical ventilation during anesthesia.

Measure Type: Process

Measure Summary: PUL 03 is an informational measure that analyzes PEEP usage across patients undergoing mechanical ventilation during anesthesia. PUL 03 will determine if PEEP was administered (as defined by median PEEP \geq 2) and also analyze distribution of PEEP levels:

- No PEEP (<2 cm H₂O)
- Low PEEP (2-4 cm H₂O)
- Moderate PEEP (\geq 4 to < 8 cm H₂O)
- High PEEP (≥8 cm H₂O)

Inclusions:

Patients undergoing endotracheal intubation.



- Your hard work enables clinician-scientists to study complex problems that cannot be explored with traditional datasets
- These discoveries are used to assist clinicians in delivering safer, evidence-based anesthesia to our patients
- There are opportunities for both QI and research projects
 - THANK YOU!!!

