Research & Quality A Marriage Made in Heaven

Sachin Kheterpal, MD MBA
Professor of Anesthesiology

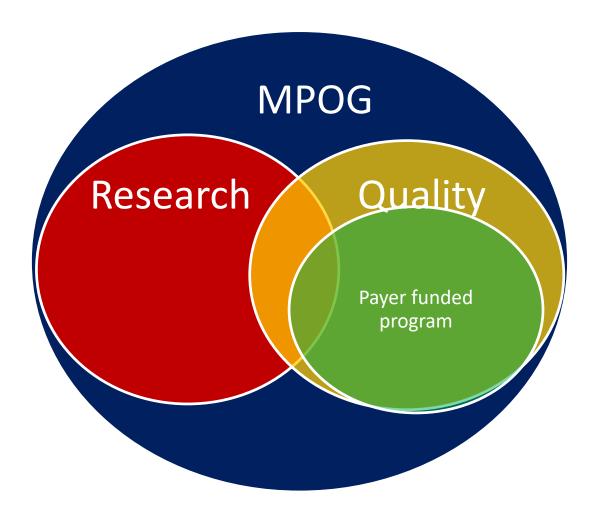
Associate Dean for Research Information Technology
University of Michigan Medical School
Co-Director, Precision Health @ University of Michigan



Lesson #1

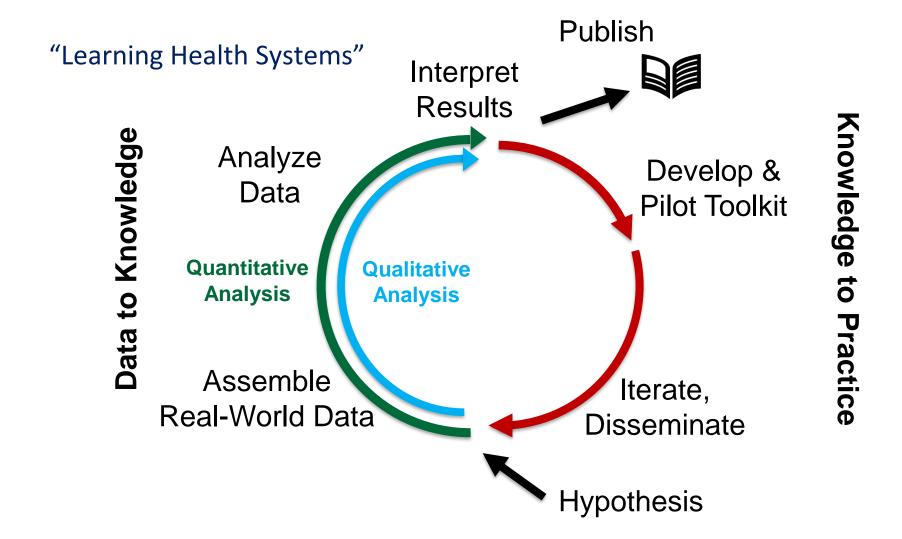
The marriage of research and quality improvement is essential







How do we improve care?





How do they compare?

Research

- Data submitted q3-6 months
- PI cleans the data
- Peer review = a few advanced reviewers
- Novelty is encouraged
- Collaboration across disciplines & centers
- Seeks clinical impact
- Must evolve rapidly
- Needs high quality, reusable data elements

Quality Improvement

- Data submitted q1 month
- Each center submits good data
- Peer review = every clinician
- Conservative consensus building
- Collaboration across disciplines & centers
- Seeks scientific foundation
- Must evolve rapidly
- Needs high quality, reusable data elements



Developing a Research Study

- Examples of Research Studies Leveraging MPOG:
 - Descriptive Studies
 - Operational Analyses
 - Outcomes Studies
 - MPOG Data
 - MPOG + Surgical Registry





- Enhanced Observational Studies (EOS)
- Clinical Trials Network

Anesthesiology, 2016 Nov;125(5):904-913.

Reference Values for Noninvasive Blood Pressure in Children during Anesthesia: A Multicentered Retrospective Observational Cohort Study.

de Graaff JC1, Pasma W, van Buuren S, Duijghuisen JJ, Nafiu OO, Kheterpal S, van Klei WA.

Anesth Analg, 2017 Oct;125(4):1203-1211, doi: 10.1213/ANE.000000000002305.

Alarm Limits for Intraoperative Drug Infusions: A Report From the Multicenter Perioperative Outcomes Group.

Berman MF¹, Iyer N, Freudzon L, Wang S, Freundlich RE, Housey M, Kheterpal S; Multicenter Perioperative Outcomes Group (MPOG) Perioperative Clinical Research Committee.

JAMA | Original Investigation

Association of Overlapping Surgery With Perioperative Outcomes

Eric Sun, MD, PhD; Michelle M. Mello, JD, PhD; Chris A. Rishel, MD, PhD; Michelle T. Vaughn, MPH; Sachin Kheterpal, MD, MBA; Leif Saager, Dr Med, MMM; Lee A. Fleisher, MD; Edward J. Damrose, MD; Bassam Kadry, MD; Anupam B. Jena, MD, PhD; for the Multicenter Perioperative Outcomes Group (MPOG)

Management of 1-Lung Ventilation—Variation and Trends in Clinical Practice: A Report From the Multicenter Perioperative Outcomes Group

Colquhoun, Douglas, A., MB ChB, MSc, MPH*; Naik, Bhiken, I., MBBCh†; Durieux, Marcel, E., MD, PhD‡; Shanks, Amy, M., PhD*; Kheterpal, Sachin, MD, MBA*; Bender, S., Patrick, MD, MPH§; Blank, Randal, S., MD, PhD‡on behalf of the MPOG Investigators



Lesson #2

Pick the right questions



How we pick a research topic

What are you interested in?

What topic would you LOVE to spend days reading?

What bad outcomes have you seen?

What matters to patients and clinicians?

You will hate the manuscript by the time it is published . .



The current literature

- You have to know the existing literature better than the experts
 - Does a knowledge gap currently exist?
 - Can the proposed project close that gap?
- Current literature
 - Patient sample size
 - Generalizability
 - Data elements collected
- PubMed search galore...
 - Get help..Medical library has lots to offer
 - Find the references in recent review article and scour it

Contemporary

Quality of study



The three E's of evidence

- Efficacy
 - Can it work?
 - Prospective controlled trials with very specific protocols
- Effectiveness
 - Does it work?
 - Multicenter observational databases

- Efficiency
 - Is it worth it?
 - Longitudinal database incorporating clinical, cost, and quality of life data

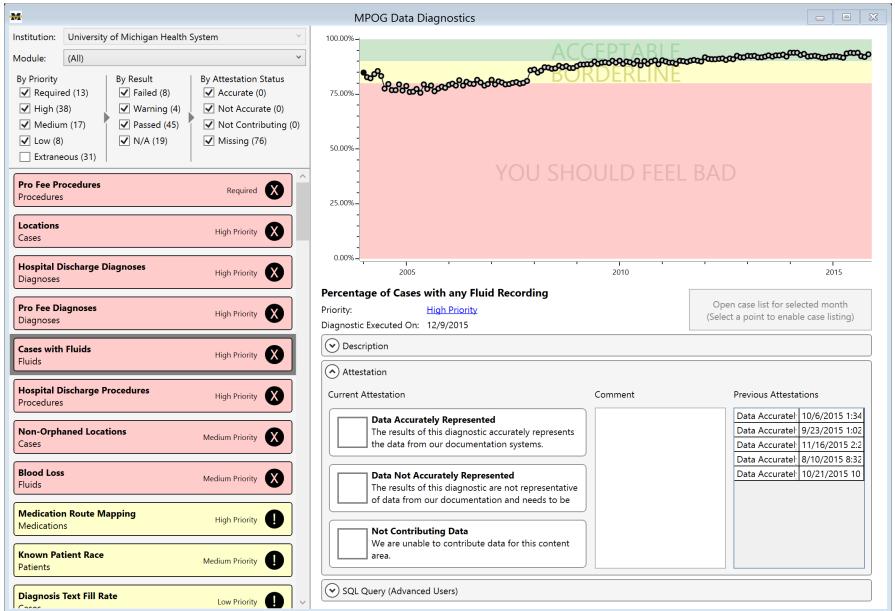


Lesson #3

Research without rigorous data validation, curation, & self-serve data access is wasted effort

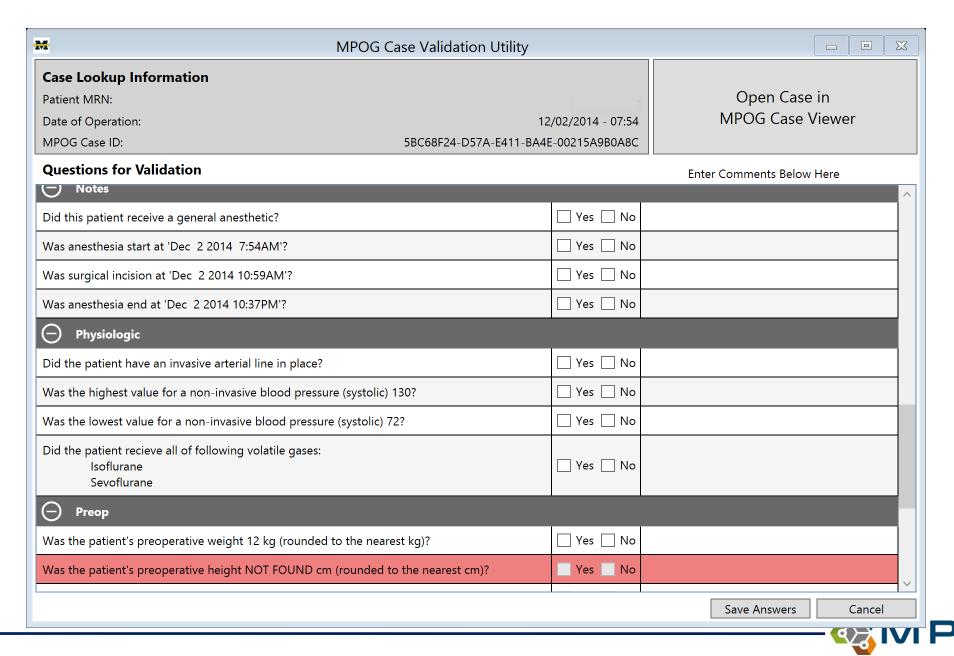


Data quality obsession



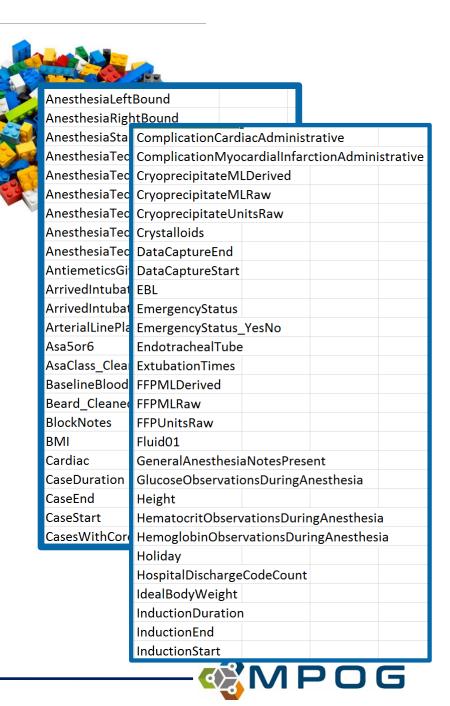


"Nitty gritty" details



Data curation

- For example, how do you define diabetes?
 - By ICD9/10, anesthesia H&P, medication, or lab value?
 - Does every project need to re-invent the wheel?
- Build reusable "phenotypes" for various analyses
 - Patient / case characteristics
 - Race, ASA status, comorbidities
 - Emergency, weekend, or cardiac case
 - Exposure variables
 - # of min of hypotension, crystalloid equivalents, PRBC
 - Outcomes
 - Acute kidney injury, 30 day mortality, pulmonary event
- Legos, not sculptures
- Making "technics" not "duplos"
- Go to: https://Phenotypes.mpog.org



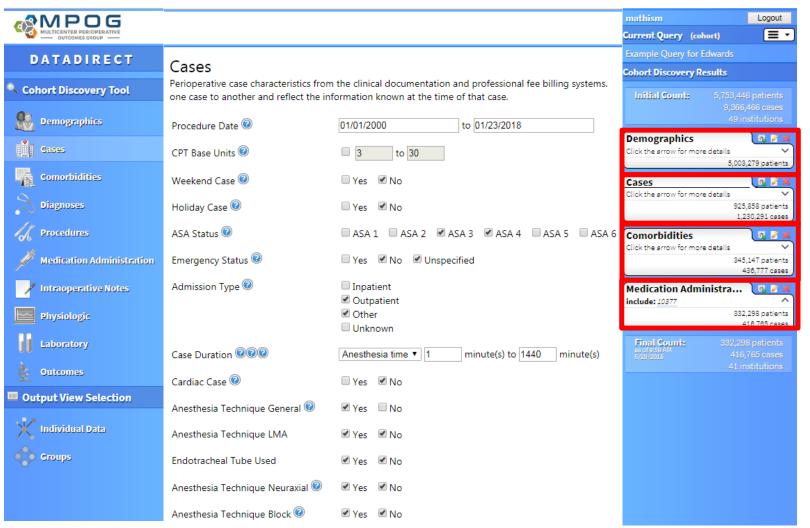
Lesson #4

Tools make research & QI easier



Developing a Research Study

Cohort Discovery – DataDirect



How many...

...adult females...

...undergoing elective non-cardiac surgery with general anesthesia...

...with hypertension, diabetes, or renal insufficiency...

...received heparin during the surgery?



Developing a Research Study

Peer Review & Study Registration

Single Center: ACRC

Multicenter: PCRC







Research

Quality

Apps

Dow

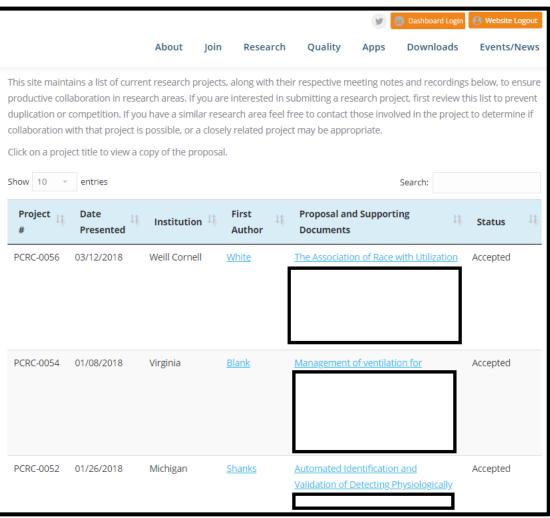


When a proposal is submitted online to the PCRC, it will be reviewed within 60 days. The PCRC meets on the each month, from 10:00am – 12:00pm Eastern Time Zone. Proposals must be received two weeks prior to a considered for review. Proposals may be approved as is. If so, access will be provided to those data fields fit database. Otherwise, the PCRC will make recommendations for changes so that a future submission will be

Members of the PCRC will evaluate proposals based on the following questions:

- 1. Is the study as presented in the Introduction complete and comprehensive?
- 2. Is the specific study question concisely presented?
- 3. Are the data (data fields) requested specifically delineated?
- 4. Will the data requested answer the question being asked?
- 5. Is the proposed statistical technique appropriate?
- 6. Is the literature review complete and comprehensive?

Submit research proposals as email enclosures to mpog-research@med.umich.edu.





Where has research helped the quality mission of MPOG?

Lung Protective Ventilation

Acute Kidney Injury

CPT prediction

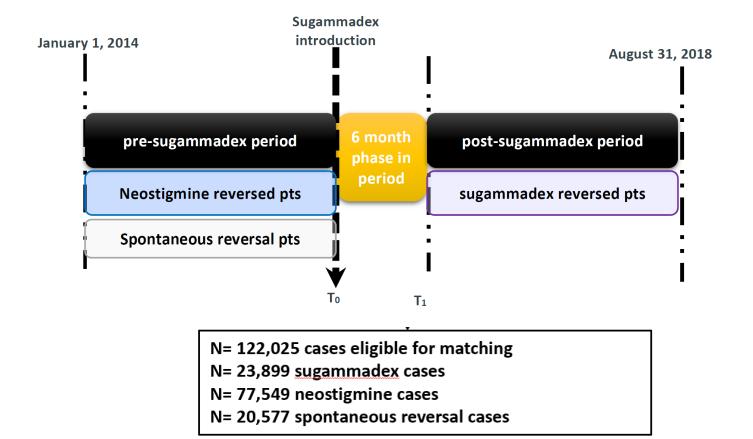
Patient linking

Pulmonary complications



MPOG analysis of sugammadex

• 13 MPOG centers, 2014-2018





Compare apples to apples

- "exact" matched on age, procedure, ASA status, obesity, cardiac disease, pulmonary disease, CHF, liver disease
- Adjust for last TOF before extubation, fluid balance, opioids, time from NMB to extubation, NMB to reversal



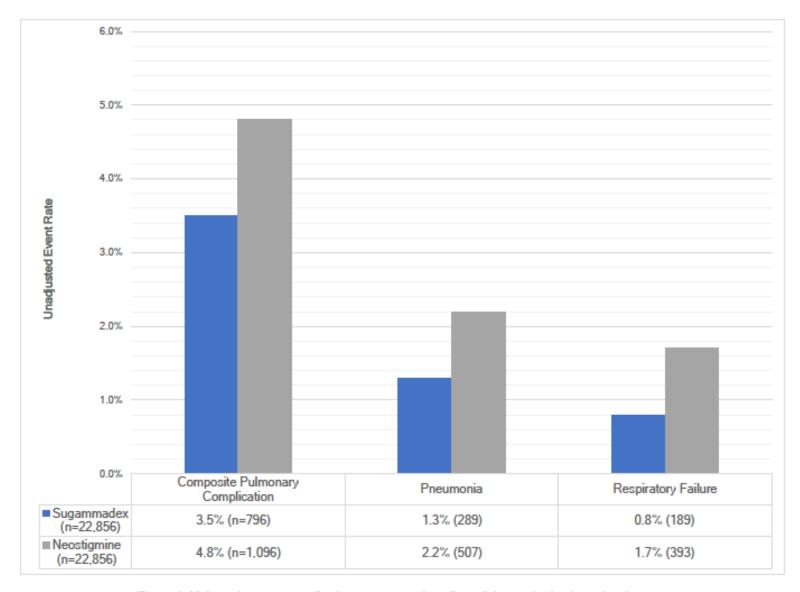


Figure 1: Major pulmonary complication event rates (unadjusted) in matched cohort of patients undergoing noncardiac inpatient surgery



How much does it matter?

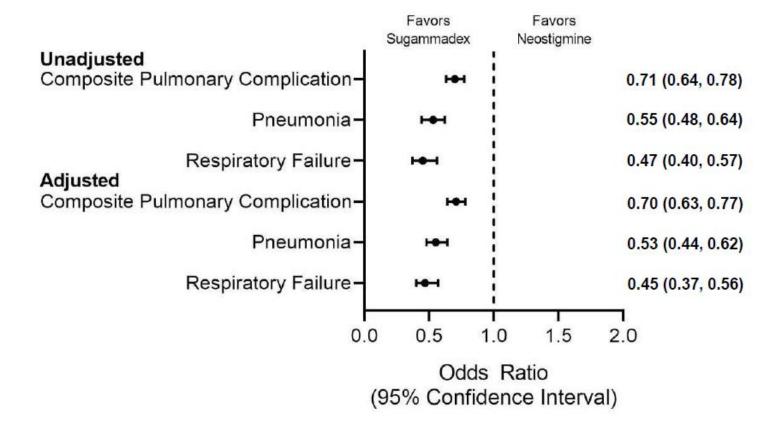


Figure 2: Unadjusted and adjusted association of sugammadex versus neostigmine administration with major pulmonary complications after inpatient noncardiac surgery



Want to learn more about research process?

• https://medicine.umich.edu/dept/anesthesiology/research/outcomes-research

